

L. A. JETS RELAY CARNIVAL

Sponsor: The Los Angeles Jets Track Club

Sanctioned: The Southern California Association / USATF

Date: Saturday March 05, 2005

Time: 8:00 am

Site: Rancho Cienega Park (Jackie Robinson Stadium)- 5001 Rodeo Road, L. A.
All-Weather Track Surface and runways. Restricted to 1/4" spikes, or less.

Directions: Harbor F/W (110) to the Santa Monica (10)F/W West to Crenshaw Exit, South (L),
turn right on Rodeo Road, the site is on the right (Just past Dorsey High School).

San Diego (405) F/W to the Santa Monica (10)F/W East to La Brea Exit, Right to
Rodeo Road, turn left on Rodeo Road, the site is one block on your left.

Eligibility: Any boy or girl in the following divisions - Sub-Bantam - Born 1997 later.
Bantam 95-96 Midget - 93-94, Youth 91-92, Intermediate 89-90.

Limitation: Sub-Bantam, Bantam and Midgets are limited to three events. Youth and
Intermediate are limited to four events.

Sub-Bantam Events: 100m, 200m, Long Jump, 4x100m Rely & 4x400m Reley

Entry Fees: \$1.50 per individual event, and \$6.00 per relay. Entry fees are to be paid
in cash or club check (No personal checks).

Registration: Pre-Registration is not a requirement. Day of the meet registration will start at
7:00 am, and will remain open throughout the meet.

Meet Director: Alex Moore (562) 426-7272

Awards: Ribbons first through six in every heat. Trophies will be awarded to the most out-
standing boy and girl relay team and most outstanding individual boy and girl. These
awards will be presented at the end of the meet. **Recipients must be present.** The
host team will be excluded.

Check In: All participants in running events must check in with the clerk of the course
when their event is called. Field event participants must report directly to
the official on the field, in charge of their event when it is called.

Protests: USATF Rules will apply. Protests must be accompanied by \$25.00.

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ORDER OF EVENTS
MARCH 05, 2005

START TIME 8:00 A. M.

RUNNING EVENTS

1. **1500M RUN**
Bantam – Intermediate
2. **4X200MR**
Sub-Bantam – Intermediate
3. **4X800MR**
Midget - Youth
4. **800MMR (100-100-200-400)**
Bantam – Intermediate
5. **400M DASH**
Bantam – Intermediate (no Sub-Bantams)
6. **4X100MR**
Sub-Bantam - Intermediate
7. **PARENT & COACHES RELAY**
Must be a parent or coach
8. **100M DASH**
Sub-Bantam – Intermediate
9. **4X400MR**
Sub-Bantam – Intermediate

FIELD EVENTS

SHOT PUT

Intermediate Girl - Boy
Youth Girl - Boy
Midget Girl - Boy
Bantam Girl - Boy

LONG JUMP

Sub - Bantam Girl - Boy
Bantam Girl — Boy
Midget Girl — Boy
Youth Girl — Boy
Intermediate Girl — Boy

HIGH JUMP

Bantam Girl - Boy
Intermediate Girl - Boy
Midget Girl – Boy
Youth Girl — Boy

MINI-JAVELIN

Midget Boy-Girl
Bantam Boy-Girl