



# SCA-USAT&F ASSOCIATION JUNIOR OLYMPIC TRACK AND FIELD CHAMPIONSHIPS

- DATE:** June 11 - 12, 2005
- SITE:** Home Depot Center, 18400 Avalon Blvd., Carson, CA 90746
- STARTING TIME:** 8:30 A.M. each day. First Call 8:15 a.m. See attached schedule of events.
- SANCTION:** Southern California Association USAT&F. USAT&F rules will apply with special provisions for youth athletics.
- CO-MEET DIRECTORS:** Denise Smotherman (909) 595-0103 OR 595-5305  
Tom Confer
- ENTRY DEADLINE:** **June 5, 2005**– Last day to e-mail entries is **June 07, 2005**
- ENTRY FEES:** \$6.00 per event, \$24.00 per relay. Relays count as an event for each team member, plus alternate. Late Registration \$8.00 per event, \$32.00 per relay.  
**Clubs, please include a \$30.00 clean-up fee with entries.**  
Entry fees are to be paid in club checks, certified checks or money orders, **no** personal checks. Make checks payable to **So Cal Association Youth**.  
Entry fees are non-refundable and must accompany the Hytek disc or entry sheets. Fees for e-mails entries must be received by mail by June 5, 2004. Entries may be hand delivered to Denise Smotherman or mailed/e-mailed to:
- Denise Smotherman  
165 South Dommer Ave  
Walnut, Ca. 91789  
(909) 595-0103 – (909) 595-8446 fax (909) 503-6505 cell  
[smotgnd52@earthlink.net](mailto:smotgnd52@earthlink.net)
- TEAM PACKETS:** Team packets will be available for pickup at the registration table starting at 7:30 a.m. both days.
- ELIGIBILITY:** All entrants must be currently registered with the SCA-USA T&F and in the proper age group corresponding with their year of birth.
- AGE DIVISIONS:**
- |        |           |  |           |
|--------|-----------|--|-----------|
| Bantam | 1996-1995 | Intermediate                               | 1990-1989 |
| Midget | 1994-1993 | YoungMen/Women                             | 1988-1987 |
| Youth  | 1992-1991 | (18yr old born <b>after</b> August 1 1986) |           |
- EVENT LIMITS:** Bantam and Midgets - 3 events maximum  
Youth and above - 4 events maximum
- FIRST AID:** Medical staff will be available for minor injuries.
- SOUVENIRS:** Programs and meet T-shirts will be available for \$12.00  
Concessions will also be available both days.  
Spikes will be sold for \$2.00 per set.
- FACILITIES:** The track is an all-weather 9-lane surface including the long jump, triple jump, high jump and pole vault approaches. There is a grass approach in the Javelin.

**NOTE:** The infield area will be off-limits to all coaches, parents and athletes except those who are participating in an event. Coaches may assist an athlete in obtaining an initial mark in the jumping events.

**LATE REGISTRATION:** Saturday - 400M late registration will close at 8:30 am  
Sunday -1500M late registration will close at 8:30 am  
-100M late registration will close at 10:00 am

**All other events late registration will close at 11:00 AM both days.**

**EVENT CHECK-IN:** For running events: Report to the clerk of the course when the event is called - approximately 30 minutes prior to the start of the event. 3 calls will be given for each event. **Athletes not responding to the call for their lane assignment will not be seeded into that event and will be scratched.** We will contact the field events that are in progress to make sure your athlete is checked in, but Coaches this does not lessen your responsibility to make sure your athlete is paying attention. **Once that event is closed, that event will be seeded and there will be no additions and there will be no refunds.**

**COACHES  
PLEASE PAY  
CLOSE  
ATTENTION TO  
THIS SECTION**

**Athletes switching heats or lanes will be DISQUALIFIED.**

**If fewer than nine (9) athletes report to the clerk, a signature will be required and then that event will be run as a final at its normal time with only those athletes who have checked in.**

For all field events When the event is called, report directly to the field event clerk.

**EVENTS:** All championship events will be contested. Three preliminary attempts will be allowed in the field events; nine athletes will advance to the finals for three additional attempts.

**ADVANCING:** The top 8 finishers in each event will advance to the Regional J.O. competition to be held June 24-25- 26, 2004 in San Diego, Ca. You must enter the Region 15 meet by the end of the Association meet, which includes paying fees, and filling out the entry forms. A completed entry form for the USATF Junior Olympics Championship meet must accompany all athletes entered individually, or on a relay. The relay declaration forms must be filed before your team runs in the relay events at the Association championship. Fees have increased. Regional fees are now \$ 7.00 and the Junior Olympic fees are now \$ 8.00.

**AWARDS:** Junior Olympics medals will be awarded for 1<sup>st</sup> through 3<sup>rd</sup> place. Designate one person from each team to pick up the medals. No awards will be distributed to any athlete.

**MEET RESULTS:** Meet results will be provided automatically to coaches of teams with more than five entries. Results will also be available on-line at [usatf.org/Youth/Southern California](http://usatf.org/Youth/Southern California). Please give about 4 days after the 27th

**PROTESTS:** Protests must be made in writing and accompanied by \$25.00 deposit to a meet director. The protest must be filed within 30 minutes after the results have been announced or posted. If the protest is upheld, the deposit will be refunded. You must cite the rule that is the basis of your protest.

**ALL SIBLINGS AND RELATIVES WILL BE HELD TO THE SAME BEHAVIOR RULES AS THE CLUBS. SO CLUBS, PLEASE INFORM YOUR VISITORS ABOUT THE NEED TO REFRAME FROM DRINKING ALCOHOL, SMOKING, VANDALISM AND GOING INTO OUT-OF-BOUND AREAS. IT KEEPS THE COST DOWN. MEET FACILITIES HAVE BECOME COST PROHIBITIVE. ALL OF OUR COOPERATION IS MANDATORY.**

**2000M STEEPLECHASE FINAL****IB, YM**

**Athletes will be waived into the Regional meet ONLY after declaring this event at the association meet.**

**SATURDAY RUNNING EVENTS****JUNE 12, 2004****8:30 A.M.**

3000M	MG, MB, YG, YB, IG, IB YW
5000M	YM
1500M RACEWALK FINAL	BG, BB, MG, MB
3000M RACEWALK FINAL	YG, YB,
5000M RACEWALK	IG, IB, YW, YM
400M SEMI	ALL DIVISIONS
110M HURDLES FINAL	IB, YM
100M HURDLES FINAL	YW, IG, YB, YG
80M HURDLES FINAL	MG, MB
4X100M RELAY SEMI	ALL DIVISIONS
4X800M RELAY FINAL	MG, MB, YG, YB, IG, IB, YW, YM
200M DASH SEMI	ALL DIVISIONS

**SATURDAY FIELD EVENTS****JUNE 12, 2004****8:30 A.M.**

JAVELIN	<b>10:15 a.m.</b>	YW, YM, IG, IB, YG, YB
LONG JUMP		YG, YB, IG, IB, YM, YW
SHOT PUT		MG, MB, BG, BB, YG, YB, IG, IB, YW, YM
HIGH JUMP		MG, MG, YG, YB

**SUNDAY RUNNING EVENTS****JUNE 13, 2004****8:30 A.M.**

1500M RUN FINAL	ALL DIVISIONS
400M FINAL	ALL DIVISIONS
100M DASH SEMI	ALL DIVISIONS
400M HURDLE FINAL	YM, IB, YW, IG
200M HURDLE FINAL	YG, YB
4X100M RELAY FINAL	ALL DIVISIONS
800M RUN FINAL	ALL DIVISIONS
200M DASH FINAL	ALL DIVISIONS

Parent Relay Run-off (Women)

Parent Relay Run-off (Men)

100M FINAL	ALL DIVISIONS
4X400 RELAY FINAL	ALL DIVISIONS

**SUNDAY FIELD EVENTS****JUNE 13, 2004****8:30 A.M.**

MINI JAVELIN	<b>10:15 a.m.</b>	MG, MB, BG, BB
TRIPLE JUMP		YW, YM, IG, IB, YG, YB
LONG JUMP		BG, BB, MG, MB
HIGH JUMP		IG, IB, YW, YM, BG, BB
POLE VAULT		YG, YB, IG, IB, YW, YM
DISCUS		MG, MB, YG, YB, IG, IB, YW, YM

## PLEASE READ AND RELAY THIS MESSAGE TO ALL OF YOUR COACHES/PARENTS AND ATHLETES

Please be informed that the fees have changed across the board. Fee changes were voted on at the annual convention this past December.

Association Junior Olympic Championships fees - \$ 6.00; Regional fees - \$ 7.00

Junior Olympic fees - \$ 8.00;

Multi's events fees are now:

\$ 12.00 bantams thru youth- \$ 15.00 intermediates and young men and woman at Association

\$ 15.00 bantams thru youth- \$ 18.00 intermediates and young men and woman at Regionals

\$ 20.00 bantams thru youth- \$ 20.00 intermediates and young men and woman at Junior Olympics

Coaches, its that time of year again and most of us have this process down to a science. We all know what is expected and if you don't, then it is up to you to seek the proper guidance between now and the meet. Here are a few tips that can make your life easier.

1. Apply for all membership cards prior to the meets. I will verify through the Downey office whether or not there is a Birth Certificate on file, especially those that were applied for on-line. Anyone attached to a team that doesn't have their membership card and expecting to run in the meet will not be allowed to participate without all of the necessary ID and fees. No exceptions. (Proper identification include: a readable, legal Birth Certificate, or drivers license, or passport. Absolutely no hospital certificates.)

2. Late entry time schedules will be strictly enforced. All late registration will stop at the times listed on page 2. No exceptions.

3. Relay declaration forms need to be completely filled out and turn in when you pick up your package. Coaches, you should put every athlete on your team in that particular age division on the list regardless to whether or not that athlete has any intention of going to the JO meet. I won't be able to check later, so please be smart and include everybody. There will be 1 final call prior to the first relay for all relay declarations. After that last call, your team will not be allowed to check in at the clerking tent. They will have a copy of those declarations and if it is not there YOU won't be either. Regardless to who you are!!!!. Make a duplicate copy for your own record. I will stamp it to make it a credible copy. **COACHES PLEASE ACT RESPONSIBLE. HAVE THEM READY FROM THE BEGINNING.**

4. Pre- approved forms. You can complete your paper work and I can start approving them at the Los Angeles Jets meet. Then once your athletes qualify at the Association meet, all you will have to do is turn in the forms plus the fees. Complete a form for everyone that you register in the Association meet. This will ease the lines at the end of the day.

5. It is not important to fill in the association times or marks on this application. So please don't. I will fill that out with the official times later. That goes for the regional results as well.

6. Supplies that you should have with you at the Association meet: Paper clips, small stapler, white out, and most important of all are your **Birth Certificates**, all of your **membership numbers**, and **\$7.00 per event** for the athletes that go on.

7. We have got to control our athletes. Meet with your athletes and your parents to inform them about the troubles that we have been having. The warnings have not been heard, so consider this their last warning. This is really the worst time for any of your athletes to be disqualified. So coaches do the right thing. We don't have many venues left. Excuses will not be heard.

There has been several occasions this year where the 90-day rule has been ignored. Please don't try and use an excuse to CHEAT on the 90-DAY rule. I have been informed of all situations and have checked all of the meet results. Here and in other states. I have not granted any exceptions at this point. Your team will be affected by any violations that come this way.

Parking is \$5.00 per car and you will have to pay that every time you re-enter. You can only enter the parking lot off of the University Street entrance. From Avalon and University intersection go east to Toro Center Drive and turn north into the parking lot. Pay the \$5.00 and enter the stadium from the east side of the stadium near the Baseball Diamond. Parking will be more expensive (\$15.00) if you try to enter from the Avalon entrance. The Meet announcer will not be warning you or your guests about any parking "No Nos". So if you don't follow these parking instructions, then you will be totally under the ruling of Home Depot and the Dominquez Hills University. Towing and ticketing will be enforced if you try to break the rules. Meet management is not aware of any Handicap parking near the track stadium at this time. So Please be aware.

VERY IMPORTANT                      VERY IMPORTANT                      VERY IMPORTANT                      VERY IMPORTANT  
Home Depot will not allow any canopies to be staked into the ground. This means that you should bring some sort of weighted object to hold down your canopy (i.e. sandbags, etc). There will be employees of the Home Depot walking around the field to make sure that there are no stakes in the ground and will make you remove your canopy at once if you are found guilty of this infraction.

IF YOUR KIDS ARE FOUND ON THE BASEBALL DIAMOND OR ANYWHERE WONDERING AROUND HOME DEPOT OR ANYWHERE ELSE THAT IS NOT RELATED TO THE TRACK AND FIELD FACILITY, THEY WILL BE REMOVED FROM THE MEET AND THERE WILL NOT BE ANY REASON FOR YOU OR YOUR COACH TO APPEAL FOR MERCY TO THE YOUTH BOARD.

**Signed Denise Smotherman**