

## All Time Records

**SUB-BANTAM GIRLS**

7 AND UNDER

100M	DANA WELCH	16.50	7/15/2007 CAL STATE GAMES	VISTA HS, VISTA CA
200M	BROOKE KATHER	36.1	6/9/2002 SCA/USATF JUNIOR OLYMPICS	MT. SAC, WALNUT, CA
400M	SAMANTHA THOMAS	01:27.9	4/28/1995 SOUTH BAY PANTHERS	CAL STATE UNIV LONG BEACH
800M	SAMANTHA THOMAS	03:02.4	4/28/1995 SOUTH BAY PANTHERS	CAL STATE UNIV LONG BEACH
1500M	SAMANTHA THOMAS	06:01.2	5/28/1995 L A JETS	CAL STATE UNIV LONG BEACH
LONG JUMP	DANA WELCH	11'2"	2007 FLO JO	
HIGH JUMP				
SHOT PUT				
4X100M RELAY				
4X400M RELAY	CHELSEA DAHLIN DOVE JONES CRYSTAL REED SAMANTHA THOMAS	6:36	5/28/1995 L A JETS	CAL STATE UNIV LONG BEACH

**SUB-BANTAM BOYS**

7 AND UNDER

100M	MICHAEL MITCHELL	15.52	5/24/2006 L A JETS	CAL STATE UNIV LONG BEACH
200M	MICHAEL MITCHELL	33.22	2/11/06 LONG BEACH SPRINTERS	LONG BEACH CITY COLLEGE
400M	SHAN SONDHU	74.18	4/21/1996 INFINTY INVITATIONAL	SANTA MARGARITA HIGH SCHOOL
800M	SHAN SONDHU	2:52	5/25/1996 L A JETS	CAL STATE UNIV LONG BEACH
1500M	IAN MOORE	5:57.49	6/10/2001 SCA JUNIOR OLYMPICS	MT. SAC, WALNUT CA
LONG JUMP	NICK DEBEAUBIEN	11' 5 3/4"	5/4/1997 SO CAL CHEETAHS	WALNUT HIGH SCHOOL
HIGH JUMP	NICK DEBEAUBIEN	3' 7"	6/8/1997 SO CAL ASSOCIATION	TRABUCO HILLS HIGH SCHOOL
SHOT PUT	SHAN SONDHU	12' 6"	7/2/1996 USATF NATIONALS	SALT LAKE CITY
4X100M RELAY				
4X400M RELAY				

**BANTAM GIRLS****9 AND 10**

100M	SHAYE MCCLORY	14.60	4/23/2005	QUITE FIRE	LAWNDALE HIGH SCHOOL
200M	SHAYE MCCLORY	29.96	4/23/2005	QUITE FIRE	LAWNDALE HIGH SCHOOL
400M	NATALIE HERBERG	1:12	5/1/2005	LONG BEACH SPRINTERS	VETERANS LBCC
800M	BROOKE KATHER	2:56	4/10/2004	RUNNING COUGARS	CAL STATE UNIV LONG BEACH
1500M	ANNA HAZLETT	5:57	5/27/2007	LA JETS	BIRMINGHAM HS
LONG JUMP	WHITNEY LARSON	12' 10"	7/3/1994	USATF NATIONALS	UNIV OF TENNESSEE, KNOXVILLE
HIGH JUMP	BROOKE KATHER	3'8"	7/4/2004	USATF NATIONALS	BALTIMORE, MD
SHOT PUT	BROOKE KATHER	16'9"	6/11/2004	SCA/JUNIOR OLYMPICS	HOME DEPOT
MINI-JAVELIN	HALEY BRINK	43' 1 1/2"	4/20/2002	SWIFT PERFORMANCE	U. C. L. A.
4X100M RELAY	BROOKE KATHER KAITLIN PROPEK SHAYE MCCLORY TAYLOR WITTINGTON	01:02.8	5/22/2004	HOME DEPOT INVIT	HOME DEPOT
4X400M RELAY					
TRIATHLON	BROOKE KATHER	427 POINTS	7/04/2004	USATF NATIONALS	BALTIMORE, MD
1500M RW					

**BANTAM BOYS****9 AND 10**

100M	DAVID HANLIN	13.78	6/12/1999	SO CAL ASSOCIATION	TRABUCO HILLS HIGH SCHOOL
200M	DAVID HANLIN	28.8	6/12/1999	SO CAL ASSOCIATION	TRABUCO HILLS HIGH SCHOOL
400M	ZACK VENABLE	1:09	5/20/2007	PASADENA RUNNING ROSES	DOWNEY HS
800M	CHAD KULENGOSKY	02:37.8	7/2/1993	USATF NATIONALS	UNIV OF HOUSTON, TEXAS
1500M	CHAD KULENGOSKY	05:14.8	7/3/1993	USATF NATIONALS	UNIV OF HOUSTON, TEXAS
LONG JUMP	CHRIS MENG	15' 0"	7/2/1993	USATF NATIONALS	UNIV OF HOUSTON, TEXAS
HIGH JUMP	RAJI SONDHU	4' 2"	5/11/1996	SO CAL CHEETAHS	CITRUS COLLEGE
SHOT PUT	CHRIS MENG	27' 6 3/4"	7/4/1993	USATF NATIONALS	UNIV OF HOUSTON, TEXAS
MINI-JAVELIN	DEAN WELCH	110'11"	7/15/2006	CAL STATE GAMES	SAN DIEGO, CA
4X100M RELAY	BAO NYGUYEN CHRIS MENG CHAD KULENGOSKY	57.7	6/27/1993	WEST COAST CLASSIC	CAL STATE UNIV LONG BEACH
4X400M RELAY	BOBBY BRAUN PHILLIP SALTER CONNOR NAASZ CHAD CAULDERON	4:53.10	4/5/2003	PHOENIX INVITATIONAL	GLENDALE COMMUNITY COLLEGE
TRIATHLON	CHRIS MENG	579 POINTS	6/30/1993	USATF NATIONALS	UNIV OF HOUSTON, TEXAS
1500M RW					

**MIDGET GIRLS****11-12 YRS OLD**

100M	NOEL DULA	13.2	6/4/1994 TIME MACHINE INVITATIONAL	TRABUCO HILLS HIH SCHOOL
200M	NOEL DULA	27.5	6/4/1994 TIME MACHINE INVITATIONAL	TRABUCO HILLS HIH SCHOOL
400M	MONICA TODD	1:06	5/1/2005 LONG BEACH SPRINTERS	CAL STATE LONG BEACH
800M	WHITNEY LARSON	02:31.0	6/16/1996 SCA JUNIOR OLYMPICS	CAL STATE UNIV LONG BEACH
1500M	BROOKE KATHER	5:38.6	5/17/2006 PASADENA RUNNING ROSES	DOWNEY HS
3000M	BROOKE KATHER	11:43	5/28/2006 LA JETS	BIRMINGHAM HS
80M HURDLES	WHITNEY LARSON	13.00	7/26/1996 USATF JUNIOR OLYMPICS	UNIV OF HOUSTON, TEXAS
LONG JUMP	WHITNEY LARSON	15' 4/12"	7/5/1996 USATF NATIONALS	SALT LAKE CITY, UTAH
HIGH JUMP	PATRICIA TIERNEY	4' 7"	6/9/1995 USATF NATIONALS	SALT LAKE CITY, UTAH
	WHITNEY LARSON	4' 7"	3/23/1996 LONG BEACH SPRINTERS	CAL STATE UNIV LONG BEACH
SHOT PUT	KATIE WILDERMUTH	28' 4"	7/21/1994 TRACK CITY CLASSIC	UNIV OF OREGON, EUGENE
MINI- JAVELIN	HALEY BRINK	74' 2"	3/20/2004 CHINO PUMAS	CHINO HS
DISCUS	MOLLY MCCULLOUGH	67' 3"	6/10/2007 SCA JUNIOR OLYMPICS	CERRITOS CITH COLLEGE
4X100M RELAY	NOEL DULA	59.6	4/14/1994 L A JETS	CAL STATE UNIV LONG BEACH
	KATIE WILDERMUTH			
	COLLEEN SMEAD			
	SHANNON GASPAR			
4X400M RELAY				CAL STATE UNIV LONG BEACH
4X800M RELAY	WHITNEY LARSON	11:11.4	5/26/1996 L A JETS	
	HAILEY JODAT			
	HEIDI GROVER			
	MEGHAN CORCORAN			
PENTATHLON	WHITNEY LARSON	2947 POINTS	7/1/1996 USATF NATIONALS	SALT LAKE CITY, UTAH
1500M RW				

**MIDGET BOYS****11-12 YEARS OLD**

100M	EVAN BEAUCHAMP	12.78	5/9/1998 SO CAL CHEETAHS	UNIV OF CAL RIVERSIDE
200M	DAVID HANLIN	27.03	6/10/2001 SCA JUNIOR OLYMPICS	MT. SAC, WALNUT, CA
400M	KELLY SMITH	59.7	6/11/1995 SO CAL ASSOCIATION	CAL STATE UNIV LONG BEACH
800M	KELLY SMITH	02:13.0	6/30/1995 USATF NATIONALS	SOUTHWEST MISSOURI STATE, JOPLIN
1500M	KELLY SMITH	04:41.0	6/11/1995 SO CAL ASSOCIATION	CAL STATE UNIV LONG BEACH
3000M	ANDY WERDERMAN	10:51	5/19/2007 PASADENA RUNNING ROSES	DOWNEY HS
80M HURDLES	BRYCE DAHLIN	14.1	7/2/1996 QUITE FIRE	LONG BEACH STATE
LONG JUMP	DAVID HANLIN	17' 2"	6/16/2001 USATF REGION 15 JUNIOR OLYMPICS	LAS VEGAS, NEVADA
HIGH JUMP	DAVID HANLIN	5' 4"	4/28/2001 QUIET FIRE INVITATIONAL	JACKIE ROBINSON STADIUM, LOS ANGELES
SHOT PUT	TONY BUONACORSI	37' 11"	7/18/1992 WEST COAST CLASSIC	CAL STATE UNIV LONG BEACH
DISCUS THROW	TONY BUONACORSI	99' 0"	6/20/1992 USATF J O REGION 15	CAL STATE UNIV LONG BEACH
MINI-JAVELIN	AN MOORE	114'8"	5/01/2004 LONG BEACH SPRINTERS	LONG BEACH STATE
4X100M RELAY	ALEX BEAUCHAMP	54.86	5/21/2004 HOME DEPOT INVITE	HOME DEPOT CENTER
	BRANDON CODY			
	CONNOR NAASZ			
	PHILIP SALTER			
4X400M RELAY	TOMMY RODRIGUEZ	04:16.1	5/28/1995 L A JETS	CAL STATE UNIV LONG BEACH
	JONATHAN CIAMPA			
	KELLY SMITH			
	BOBBY BRAUN			
4X800M RELAY	BOBBY BRAUN	09:52.3	5/27/1991 L A JETS	CAL STATE UNIV LONG BEACH
	BOBBY BRAUN			
	KELLY SMITH			
	CHAD KULENGOSKY			
	JONATHAN CIAMPA			
PENTATHLON	DAVID HANLIN	2256 POINTS	6/28/2001 USATF NATIONALS	DACATUAR,ILL
	CHRIS MENG		7/1/1995 USATF NATIONALS	SOUTHWEST MISSOURI STATE, JOPLIN
1500M RW				



**INTERMEDIATE GIRLS 15-16 YEARS OLD**

100M	GRACE ESSLINGER	12.83	6/27/2006	USATF NATIONALS	GREENSBORO, NC A&T UNIVERSITY
200M	GRACE ESSLINGER	26.18	6/10/2006	SCA/JUNIOR OLYMPICS	CLAREMONT HS
400M	WHITNEY HAMPTON	58.4	7/13/2002	CALIFORNIA STATE GAMES	BALBOA STADIUM, SAN DIEGO
800M	WHITNEY HAMPTON	02:17.9	7/14/2002	CALIFORNIA STATE GAMES	BALBOA STADIUM, SAN DIEGO
1500M	KATIE WOLFSON	5:16.0	6/24/2006	REGION 15 JO'S	HOME DEPOT CENTER
3000M	KATIE WOLFSON	11:40	6/24/2006	REGION 15 JO'S	HOME DEPOT CENTER
100M HURDLES	GRACE ESSLINGER	16.41	6/11/2006	SCA/JUNIOR OLYMPICS	CLAREMONT HS
400M HURDLES	SARA BEHMERWOHL	67.1	5/31/2001	L A JETS	BIRMINGHAM H S, LOS ANGELES
LONG JUMP	STACIE BRESSEM	17'4"	5/23/2005	IRVINE INVITATIONAL	IRVINE HS
TRIPLE JUMP	JORDYN STODDARD	36' 6"	4/1/2006	TRABUCO HILLS INVITATIONAL	TRABUCO HILLS HS
HIGH JUMP	AMANDA FLESKOSKI	4' 9"	7/1/1996	USATF NATIONALS	SALT LAKE CITY, UTAH
SHOT PUT	HILARY FRAZER	33' 8"	6/11/2004	SCA JUNIOR OLYMPICS	HOME DEPOT CENTER
DISCUS THROW	MELISSA WEIDNER	80' 2 1/4"	4/20/1996	INFINITY INVITATIONAL	SANTA MARGARITA HIGH SCHOOL
JAVELIN	MELISSA WEIDNER	122'	4/21/1996	INFINITY INVITATIONAL	SANTA MARGARITA HIGH SCHOOL
4X100M RELAY					

4X400M RELAY

4X800M RELAY

HEPTATHLON	GRACE ESSLINGER	3809 POINTS	5/28/2006	MT SAC HS MULTI	MT SAC
2000M STEEPLE CHASE					
3000M RW					
POLE VAULT					

**INTERMEDIATE BOYS 15-16 YEARS OLD**

100M	TIM FITZGERALD	10.8	7/3/1994	USATF NATIONALS	UNIV OF TENNESSEE. KNOXVILLE
200M	TIM FITZGERALD	22.1	7/3/1994	USATF NATIONALS	UNIV OF TENNESSEE. KNOXVILLE
400M	BRIAN PAYNE	52.13	6/8/2002	SCA/ USATF JUNIOR OLYMPICS	MT. SAC, WALNUT
800M	DREW BALMER	02:11.7	5/27/2002	L A JETS	BIRMINGHAM HS, LOS ANGELES
1500M	DREW BALMER	04:27.0	5/27/2002	L A JETS	BIRMINGHAM HS, LOS ANGELES
3000M	MIKE MURRAY	09:33.6	5/2/1994	L A JETS	CAL STATE UNIV LONG BEACH
110M HURDLES	BRYCE DAHLIN / KEVIN KUECHLER	15.58	5/21/1999/05	LA JETS INVITATIONAL/ JO REGIONALS	BIRMINGHAM HS / JO REGIONAL
400M HURDLES	RICHARD OATES	62.2	7/3/1994	USATF NATIONALS	UNIV OF TENNESSEE. KNOXVILLE
LONG JUMP	TIM FITZGERALD	21' 2"	7/3/1994	USATF NATIONALS	UNIV OF TENNESSEE. KNOXVILLE
TRIPLE JUMP	MATT GILLET	42'5"	5/10/2006	PASADENA RUNNING ROSES	DOWNEY HS
HIGH JUMP	SHAWN WATSON	5' 9"	3/16/1993	PEGASUS INVITATIONAL	UNLV LAS VEGAS, NEVADA
SHOT PUT	SHANE TUCKER	46'8 3/4"	6/11/2006	SCA/Junior Olympics	Clarmont HS
DISCUS THROW	SHANE TUCKER	130'2"	6/11/2006	SCA/Junior Olympics	Clarmont HS
JAVELIN	NICK DEBEAUBIEN	137'4"	7/3/2005	USATF NATIONALS	UNIV OF TENNESSEE, KNOXVILLE
POLE VAULT	KEVINE KUECHLER	11'0"	7/28/05	JO NATIONALS	INDIANAPOLIS, IN
4X100M RELAY		45.3	7/3/1994	USATF NATIONALS	UNIV OF TENNESSEE. KNOXVILLE

4X400M RELAY

4X800M RELAY	ANDREW EVANS BRANDON RAY PHIL KULENGOSKI BRENT SHOJI	09:27.0	5/14/1994	L A JETS	CAL STATE UNIV LONG BEACH
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DECATHLON	KEVIN KUECHLER	5138	7/28/05	JUNIOR OLYMPIC NATIONALS	INDIANAPOLIS, IN
2000M STEEPLE CHASE	TAYLOR SIMMONS	7:27	6/24/2006	REGION 15 JUNIOR OLYMPICS	HOME DEPOT CENTER
3000M RW					
POLE VAULT	KEVIN KUECHLER	11'0"	7/27/2005	JUNIOR OLYMPICS NATIONALS	INDIANAPOLIS, IN
HAMMER THROW					

**YOUNG WOMEN****17-18 YEARS OLD**

100M	BRITTANY FASTUCA	12.72	5/28/2006	LA JETS	BIRMINGHAM HS
200M	ELIZABETH BASTOS	26.80	6/11/2005	SCA/JUNIOR OLYMPICS	HOME DEPOT CENTER
400M					
800M	BRITTANY SCOTT	02:33.0	3/31/2001	PHOENIX INVITATIONAL	GLENDALE COMMUNITY COLLEGE, ARIZONA
1500M					
3000M					
100M HURDLES	ELIZABETH BASTOS	15.55	6/11/2005	SCA/JUNIOR OLYMPICS	HOME DEPOT CENTER
400M HURDLES	ELIZABETH BASTOS	67.70	6/11/2005	SCA/JUNIOR OLYMPICS	HOME DEPOT CENTER
LONG JUMP	MARIE INGRAM	16'4"	2/19/2006	NAU INDOOR	NAU FLAGSTAF
TRIPLE JUMP	MARIE INGRAM	38'11"	5/28/2006	CIF MASTER	CERRITOS
HIGH JUMP					
SHOT PUT	BRITTANY SMITH	37'11	7/15/2000	CAL STATE GAMES	SAN DIEGO
DISCUS THROW	BRITTANY SMITH	99'8"	7/15/2000	CAL STATE GAMES	SAN DIEGO
JAVELIN	KAREN ESSLINGER	113'10"	7/27/2006	JUNIOR OLYMPICS NATIONALS	MORGAN STATE, MD
HAMMER	KAREN ESSLINGER	87'6"	7/02/2006	USATF NATIONALS	GTEENSBORO, NC

4X400M RELAY

4X800M RELAY

**HEPTATHLON**

200M STEEPLE CHASE

3000M RW

POLE VAULT

SUSAN BEEBE	8'6"	2/8/2003	ALL-COMERS	CAL STATE UNIV. LONG BEACH
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**YOUNG MEN****17-18 YEARS OLD**

100M	MATT BRUNO	10.69	7/4/2001	USATF NATIONALS	MILLIKEN UNIVERSITY, DECATUR, ILL
200M	TIM FITZGERALD	21.6	6/3/1995	SILVER WINGS INVITAIONAL	TRABUCO HILLS HIGH SCHOOL
400M	MARIO BASSANI	47.95	6/10/2001	SO CAL ASSOCIATION J. O.	MT. SAC WALNUT, CA
800M					
1500M	JONATHAN JENKINS	4:53	6/27/2006	USATF NATIONALS	GREENSBORO, NC
3000M					
5000M					
110M HURDLES	MITCH ALLEN	14.51			
400M HURDLES	MATT AYERS	59.19	6/8/2002	SCA JUNIOR OLYMPICS	MT. SAC WALNUT, CA
LONG JUMP	RAPHAEL MCFARLANE	22' 10 "	4/15/2003		
TRIPLE JUMP	RAPHAEL MCFARLANE	47' 1"	4/15/2003		
HIGH JUMP	CHASE REDFIELD	6'5" *MEET RECORD	4/1/2006	PHOENIX INVITATIONAL	GLENDALE CC
POLE VAULT	BRIAN WHITE	13' 0"	6/9/2002	SCA JUNIOR OLYMPICS	MT. SAC WALNUT, CA
SHOT PUT	NICK ROBINSON	65'1	5/26/2006	CIF MASTERS	CERRITOS, CA
DISCUS THROW	NICK ROBINSON	198'2	4/22/2006	OC CHAMPS	TRABUCO HILLS HS
JAVELIN	ROBERT SICKLES	154'	7/6/2001	USATF NATIONALS	MILLIKEN UNIVERSITY, DECATUR, ILL
4X100M RELAY					

4X400M RELAY

4X800M RELAY

**DECATHLON**

3000M STEEPLE CHASE

3000M RW

HAMMER THROW

KEVIN KUECHLER	5673	7/27/2006	CALIFORNIA HIGH SCHOOL DEC.	MT. SAC WALNUT, CA
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**OPEN MEN Over 18**

100M	MATT BRUNO	10.48	6/22/2002 USATF NATIONAL JUNIOR CHAMPIONSHIPS	STANFORD UNIVERSITY
200M	MATT BRUNO	21.57	6/21/2002 USATF NATIONAL JUNIOR CHAMPIONSHIPS	STANFORD UNIVERSITY
400M	JAKE GRISWOLD	50.03	1/28/2002 ALL-COMERS	CAL STAE LONG BEACH
800M	NEIL STEVENSON	01:55.7	5/2/1992 SAN DIEGO STATE INVITATIONAL	SAN DIEGO STATE UNIV
1500M	NEIL STEVENSON	04:07.5	4/11/1992 PHOENIX INVITATIONAL	ARIZONA STATE UNIV, TEMPE
3000M	ANDY OGILVIE	09:18.8	4/11/1992 PHOENIX INVITATIONAL	ARIZONA STATE UNIV, TEMPE
5000M	NEIL STEVENSON	16:07.0	3/28/1992 NORTHRIDGE INVITATIONAL	CAL STATE UNIV NORTHRIDGE
110M HURDLES	CLIFF MACK	15.9	6/12/1993 INFINITY INVITATIONAL	SADDLEBACK COLLEGE
400M HURDLES	NEIL STEVENSON	58.47	6/12/1993 INFINITY INVITATIONAL	SADDLEBACK COLLEGE
LONG JUMP	RAPHAEL MCFARLANE	24'1"	6/1/2005 CONF CHAMPIONSHIPS	SADDLEBACK COLLEGE
TRIPLE JUMP	RAPHAEL MCFARLANE	49'7"	6/1/2005 CONF CHAMPIONSHIPS	SADDLEBACK COLLEGE
HIGH JUMP	MARCELLUS CRISHON	6' 6"	4/4/1993 PHOENIX INVITATIONAL	PHOENIX CENTRAL HIGH SCHOOL, ARIZONA
SHOT PUT	ROB CRUMMEL	36' 9"	3/5/1994 BRONCO INVITATIONAL	CAL POLY POMONA
DISCUS THROW	BRAD SLINKARD SR	86' 7"	4/5/1997 PHOENIX INVITATIONAL	GLENDALE COLLEGE
JAVELIN	GARY DEBEAUBIEN	40' 10"	4/5/1997 PHOENIX INVITATIONAL	GLENDALE COLLEGE
4X100M RELAY	CLIFF MACK	44.3	4/5/1993 PHOENIX INVITATIONAL	PHOENIX CENTRAL HIGH SCHOOL, ARIZONA
	MARCELLUS CRISHON			
	LORONZO BROOKS			
	NEIL STEVENSON			
4X400M RELAY				
4X800M RELAY				
DECATHLON				
3000M STEEPLE CHASE				
3000M RW				
POLE VAULT				
HAMMER THROW				